



It's that time again!!! Are you tired of waiting for someone to create some sort of fun and exciting way to celebrate the NEW YEAR here in old Leakey town?

Well, wait no more!!!

On Thursday December 31, 2020, New Year's Eve and Friday January 1, 2021, a super fun & EXILORATING event will take place at one of our favorite venues, The Frio Pecan Farm!

The cook-off and plunge organizers have worked up another great day that even the gruffest of all Grinches would have a ball! Welcome again to the 2<sup>nd</sup> Annual Chili Cook-Off and Frio River Polar Bear Plunge!"

Proceeds will benefit our local LEAKEY VOLUNTEER FIRE DEPARTMENT(LVFD) in helping them continue their efforts as first responders of our beautiful Frio Canyon! We could not do without them!

Festivities will open with a New Year's Eve dance on Thursday December 31<sup>st</sup> at 8pm Then the Chili Cook-Off will start at 10am followed by the Polar Bear Plunge at 3:30pm! Planned fun/activities during the day include, a bounce house, river rock painting, food vendors, silent auction, and T-shirt sales! All information available on separate link at either site; [www.FrioPecanFarm.com](http://www.FrioPecanFarm.com) or [www.SuttleandCompany.com](http://www.SuttleandCompany.com)

AND THEN, make sure you stay for the Frio River Polar Bear Plunge!!! You think the river is chili during the summer, let's watch the faces of the "polar bears" as they jump in the frigid waters this time of year! This part of the event will begin on stage at the pavilion at promptly 3:30pm for a money raising auction called Calcutta Pool! Last year's event was a huge success! In simplest terms, Calcutta Pool works like this:

- Bidders make a wage, auction style, on the participant they think will win the event.
- If your bid is the highest, you bought the participant.
- All the money raised through the "auction" goes into a "pool!"

What a great time to challenge your neighbors, teachers, local county/city officials, clubs or organizations! Make a little wager and benefit the local LVFD with even more funds for their on-going work. Let's make some \$\$\$\$ for those volunteers who work all hours for us 24/7, 365 days a year! From there, the polar bears will parade down to the river and wait for the word to PLUNGE!!! Winning bidder & Polar Bear participant will get a predetermined percentage from the auction "pool." All remaining funds will be donated to local LVFD and annually determined by the committee of Frio River Polar Bear Plunge. Winners from both Chili Cook-off and Polar Bear Plunge will be announced back at the pavilion at 6:30pm. A silent auction will also be presented for everyone to enjoy while listening to some great music. Beer & wine will be available for purchase. BYOB! Drink & Drive responsibly!!!

We would love to have your donation item for the Silent Auction! If you or anyone else would like to contribute, please contact either Shelly Collins/ [shelly99@hctc.net](mailto:shelly99@hctc.net) or Kathy [Suttle/ksuttle2@yahoo.com](mailto:Suttle/ksuttle2@yahoo.com) and we will make arrangement to pick up or you can leave at either business: Leakey Mercantile or Suttle and Company Real Estate. Thanks sooooo much!!!

Don't miss it!!! It's gonna be a FREEZE'N FOR A REASON!!!

Area Lodging available: [www.friopecanfarm.com](http://www.friopecanfarm.com) , [www.oakhillcabins.com](http://www.oakhillcabins.com) ,  
[www.riobella.com](http://www.riobella.com) , [www.friorentals.com](http://www.friorentals.com) , [www.leakeyinn.com](http://www.leakeyinn.com) , [www.friosprings.com](http://www.friosprings.com) , or  
<https://www.friocanyonchamber.com/business-directory>

## **RULES**

**It is strongly advised participants consult a physician to determine whether they are healthy enough and in good enough physical condition to participate in the event.**

**Participants will not be allowed to plunge if you are inebriated, intoxicated, too merry, too happy, too high, tight and for sure not DRUNK!! Alcohol will make your blood pressure low and plunging will make it lower! Please be mindful of your abilities!**

ONLINE completed forms will go directly to Polar Bear Plunge Committee Chair. Please send me an email to let me know if you will participate just so I can know how many we can expect! If you wish, you can print off, and scan then email to [ksuttle2@yahoo.com](mailto:ksuttle2@yahoo.com) or "snail mail" into FRPBP (Frio River Polar Bear Plunge), PO BOX 874, Leakey, TX 78873 or bring it with you to the event!

**ALL SIGNATURES WILL BE CONFIRMATED WITH ORIGINALS AT CHECK-IN!**

### ***Important Details:***

▪ The event will take place at the cement slab common area along the Frio River located behind the Frio Pecan Farm Pavilion. Participants will parade down TOGETHER from the pavilion after Calcutta Pool Auction (details below).

The Frio River Polar Bear Plunge is not suitable for anyone without a sense of humor. However, please do not "let it all hang out!" This is a family event! Let's keep this fun, ya'll!

Why not Challenge.... county officials, teachers, clubs/organization challenges between each other, etc.  
Make a larger wager towards the charity!!!

- All participants must check in Friday January 1, 2021 at Frio Pecan Farm Pavilion at 3:00pm. Calcutta Pool begins at 3:30pm. (in your plunging attire).
- Every FRPBP participant is required to sign a release. These will be available online when you register and when you check-in. You will not be allowed take part in the event without a signed Release.
- Participants are expected to immerse their entire body! That means your pretty head too!  
DO NOT DIVE!
- We all strive to create a fun experience for all those involved. Please be respectful of those around you, the grounds and all facilities on the property. Polar Bear Plunge friends, please take care of your plungers! Safety is our number one priority.
- Participants can change in pavilion restrooms but it's gonna be cold there too!!! HeHeHe!!!
- Winners will be announced that evening at 6:30pm in Frio Pecan Farm pavilion!
- PICK UP YO TRASH! Your mamma raised you better!!!

What is a Calcutta Pool Auction?

In simplest terms, Calcutta Pool works like this:

- Bidders make a wage, auction style, on the participant they think will win the event. Participants will be judged on costume, stage presentation and entrance into the Frio River!
- If your bid is the highest, you bought the participant.
- All the money raised through the "auction" goes into a "pool."
- At the end of the event, the winning bidder & Polar Bear participant will receive a predetermined percentage from the auction "pool." Remaining funds to benefit stated charity!

Winning Polar Bears of 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> will receive a trophy, t-shirt and 2021 bragging rights!



2021 2nd ANNUAL

# FRIO RIVER POLAR BEAR PLUNGE

## PARTICIPANT AGREEMENT, RELEASE & REGISTRATION

**DATE OF EVENT: FRIDAY JANUARY 1, 2021 3:30 PM**

**LOCATION OF EVENT: FRIO PECAN FARM PAVILION AND RIVER PARK**

### **NO PARTICIPANT WILL BE ELIGIBLE TO PLUNGE WITHOUT SIGNING THIS RELEASE!**

In exchange for being permitted to participate in the FRPBP aka "FRIO RIVER POLAR BEAR PLUNGE" (Event), I agree and acknowledge as follows: All parties known as "Releasees" are as follows: **Frio Pecan Farm, Suttle & Associates, Leahey VFD, Frio Canyon EMS, their employees, staff, volunteers, agents and all other representatives** as such.

1. FRIO PECAN FARM & SUTTLE & ASSOCIATES, its employees, staff, volunteers, etc. is conducting an event called FRIO RIVER POLAR BEAR PLUNGE as noted above. I will run, walk, parade, jump, swim, and take any other actions to complete FRPBP in existing weather, good or bad. In consideration of participating in the Frio River Polar Bear Plunge, I represent that I understand the nature of the event. I represent that I am, participating and qualified to participate, in good health, and in proper physical condition to participate in the event. I acknowledge that I have been advised by FRPBP to consult a physician prior to participation.
2. If I participate, I will do so only in designated areas, in a lawful and safe manner and with property equipment, and I will obey all signs, notices, and directives. I will not use, possess or loan to other as any dangerous devices (including weapons, firearms, or fireworks).
3. I acknowledge that if I believe the event conditions are unsafe for me, I will immediately discontinue participation in the event. I fully understand the event involves risks of serious bodily injury, including permanent disability and death, which may be caused by: my own actions or inactions, the actions or inactions of others; the conditions in which the event takes place; and/or the negligence of the Releasees named below. If I am injured, I will not make any claim against "Releasees". I will also indemnify (reimburse) FRIO PECAN FARM & SUTTLE & ASSOCIATES if any person makes a claim against if for anything I did.
4. I hereby understand and acknowledge that all fees and associated costs (including optional product purchases and donations), paid in registration for this Event are NOT REFUNDABLE FOR ANY REASON, under any circumstances, including but not limited to injury, a scheduling conflict, Acts of God (including fire, flood, earthquake, storm, hurricane or other natural disaster) and /or event cancellation.
5. As a participant, I understand I will be placed in a designated area on the event by FRPBP. While in my designated area, I will follow all directions given to me by FRPBP as well as stay within the boundaries dictated by my assigned area on the event. Furthermore, I acknowledge that any deviation from these directions, on my part, may result in the termination of my being a participant.
6. I understand FRPBP does not provide medical services and that my registration as participant does not include this benefit.
7. I will at all times conduct myself in a careful manner, will not injure or damage any other person or property and will obey all laws, event rules and event staff (including security personnel engaged by FRPBP).
8. I fully accept and assume all risks and all responsibility for losses, costs and damages that I incur in connection with my participation in the event. I hereby release from all liability, discharge and covenant not to sue: the "Releasees" its administrators, directors, agents, volunteers, and employees; other participants; sponsors; advertisers; and the owners and lessors of the premises on which the event takes place (all and each of the foregoing are "Releasees"). I understand that I am releasing all claims, demands, losses or damages of any kind, sustained by me, whether caused in whole or part by the negligence of Releasees or otherwise, including negligent rescue operations. I further agree that if, despite this release, waiver of liability and assumption of risk, anyone making a claim against the Releasees I will indemnify, save and hold harmless each of the Releasees from any loss, liability, damage or cost which may result from such claim.
9. I also understand that there may be other risks not known to me or not readily foreseeable at this time. I give my permission for photographs taken at the event in which my image to be used for promotional and/or advertising purposes by FRPBP, without compensation to me. I agree to release the "Releasees", from all claims and liability relating to the use of my name, likeness, photograph, or statement. I authorize the "Releasees", and its agents and all persons acting under its authority to promote the FRPBP to use written statements, videotapes and recordings of me, about me or obtained by me. I waive any right to inspect or approve the finished product or the advertising or other copy, which may be used in connection or the use to which it may be applied. I release and discharge the "Releasees" and any all of their agents and assigns and all persons acting under its authority, for any liability for any violation of any person or property rights which I might have in connection with such materials.

SEEN AND AGREED:

\_\_\_\_\_  
PRINTED NAME OF PARTICIPANT

\_\_\_\_\_  
Participant Signature (MUST BE 18 YEARS OR OLDER)

\_\_\_\_\_  
Date

**ONLINE SIGNATURES WILL BE CONFIRMED WITH ORIGINAL AT CHECK-IN THE DAY OF EVENT.  
PLEASE REVIEW BEFORE ARRIVAL!!!**

**REGISTRATION INFORMATION**

**PLEASE PRINT CLEARLY!**

\_\_\_\_\_  
PARTICIPANT NAME & ADDRESS

\_\_\_\_\_  
MAILING ADDRESS

\_\_\_\_\_  
EMAIL

\_\_\_\_\_  
PHONE NUMBER

\_\_\_\_\_  
EMERGENCY CONTACT NAME

RELATION

\_\_\_\_\_  
YES NO  
IS YOUR EMERGENCY CONTACT PERSON ATTENDING WITH YOU?

\_\_\_\_\_  
EMERGENCY CONTACT PHONE NUMBER

\_\_\_\_\_  
DATE OF BIRTH (PARTICIPANTS MUST BE 18 YEARS OR OLDER) AGE AS OF TODAY

\_\_\_\_\_  
DRIVERS LICENSE NUMBER STATE

DO YOU HAVE ANY PHYSICAL/HEALTH ISSUES THAT WE SHOULD KNOW ABOUT WHILE YOU ARE PARTICIPATING IN THIS PLUNGE? \_\_\_\_ YES \_\_\_\_ NO

IF YES, PLEASE DESCRIBE: \_\_\_\_\_

\_\_\_\_\_  
PRINTED NAME

\_\_\_\_\_  
SIGNATURE (ORIGINAL SIGNATURE REQUIRED AT CHECK-IN!) DATE

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(DETATCH HERE AND GIVE TO ANNOUNCER)

**FUN THINGS TO KNOW ABOUT YOU FOR THE ANNOUNCER**

**PARTICIPANT #** \_\_\_\_\_ **(GIVEN AT EVENT CHECK-IN)**

\_\_\_\_\_  
NAME

\_\_\_\_\_  
POLAR BEAR PLUNGE OR CHICKEN FUN RUN "STAGE" NAME

\_\_\_\_\_  
HOBBIES, LIKES, DISLIKES, SINGLE, POLITICAL PREFERENCE.... WHATEVER.... JUST GIVE US SOMETHING TO TELL ABOUT YOU!!!

\_\_\_\_\_  
WHY THE HECK ARE YOU DOING THIS BESIDES THAT IT'S A FUND RAISER?

\_\_\_\_\_

## Plunging Apparel

The morning of the polar plunge when you're trying to decide what to wear, keep in mind that you'll want something that is easy and quick to get out of. The Frio River Polar Bear Plunge Crew recommends going with the old standby bathing suit. However, you can also opt for a pair of shorts, with a drawstring, and a t-shirt that can be removed promptly following the plunge.

It's always fun to venture outside of the everyday norm, to try something new. Participants are encouraged to dress-up in a "theme" like lady/men of the evening, King or Queen, football or cheerleader or even Santa etc. Whichever you choose, please make sure any/all private parts are covered! Winter time and cold temperatures can bring just the thrill you're looking for, especially if you live near water. Participating in a polar plunge can be just the adventure you're after. Donning the proper attire can make your experience a lot less traumatic and maybe even enjoyable.

Bring at least two towels. One to wrap in and the other to stand on! Bring a buddy to help you with all of your stuff and one that you can count on to be there when you get out!!! Yikes!!

## Protect the Tootsies

Shoes may not be at the top of your list when deciding on what to wear for the plunge, but they should be. The rocks and the water may have hazards you'll want to protect your feet from. Water shoes with rubber soles or neoprene surf boots are both appropriate choices.

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## Post-plunge Attire

Choosing what to wear after the plunge is just as important as what to wear during the plunge. After you emerge from the frigid water, your only concern is going to be to get warm. Base layers for your top and bottom along with a cozy sweatshirt, pants, coat and hat will help get your body temperature back up where it should be. Don't forget warm socks and a pair of shoes, like boots or other slip-ons, that are easy to get on and don't require the use of your frozen fingers to tie laces.

It's always fun to venture outside of the everyday norm, to try something new. Winter time and cold temperatures can bring just the thrill you're looking for, especially if you live near water. Participating in a polar plunge can be just the adventure you're after. Donning the proper attire can make your experience a lot less traumatic and maybe even enjoyable.

## Considerations

While you don't have to be a physically fit athlete to compete in a polar plunge, it's always a good idea to chat with your doctor about the event to make sure you're healthy enough for that kind of shock to the system. The Polar Bear Plungers, DO NOT dive into the water to avoid injuring yourself! Duh!!! We have not had enough rain to make a deep plunging hole!!!